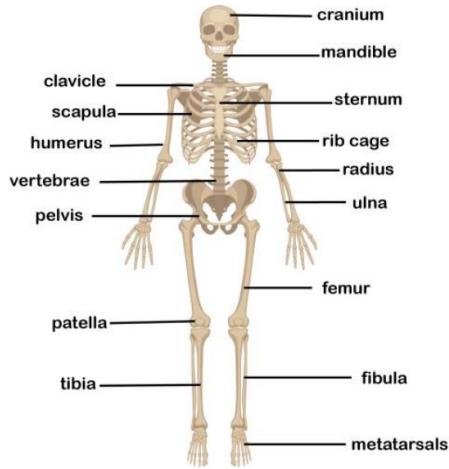


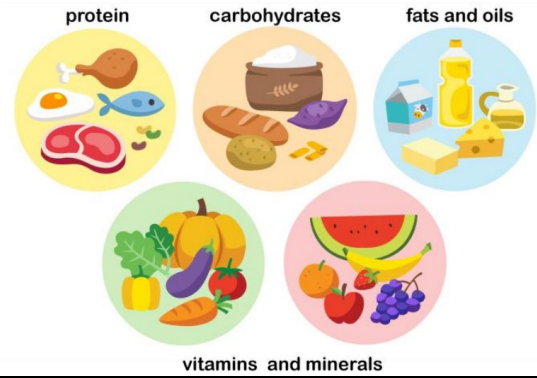
Human Skeleton



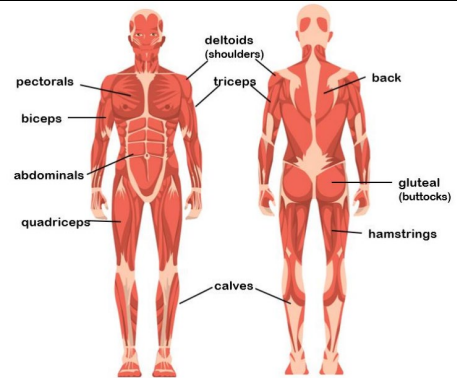
Animal Skeleton



5 Food Groups



Human Muscles



Key vocabulary

vitamin	Found in foods and are essential for the body's growth, repair and building immunity	radius	One of the bones found in the lower arm
mineral	Found in foods and help build strong bones and teeth	tibia	One of the bones in the lower leg
nutrition label	Gives information about what the food contains	ribcage	The structure of bones protecting the lungs and heart
balanced	In good proportion	spine	The structure of bones that runs up the centre of the back
endoskeleton	Animals with skeletons inside their bodies	hamstring	The muscles that run down the back of the leg
exoskeleton	Animals with skeletons outside their bodies	biceps	Muscles found in the upper arm